FORM 4

# **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*  LAHANAS NICHOLAS					2. Issuer Name and Ticker or Trading Symbol CENTRAL GARDEN & PET CO [ CENT ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner					
		EN & PET COM		1	3. Date of Earliest Transaction (Month/Day/Year) 10/25/2022  X Officer (give title Other (specify below) Chief Financial Officer												specify	
1340 TREAT BOULEVARD, SUITE 600  (Street)  WALNUT CREEK  CA 94597					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indiv	lividual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State	) (Z	Zip)															
		T	able I - No	n-Deriva	ative S	Securit	ties Acq	uired, [	Disp	osed of	f, or Ben	eficia	ally Ow	ned				
			2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
								Code V A		Amount	(A) or (D)		Price	(Instr. 3 and				(Instr. 4)
Class A Common Stock 1				10/25/	2022			М		12,24	10 A		\$30.94	125,022			D	
Class A Common Stock 1				10/25/	2022			F <sup>(1)</sup>		11,12	27 D		\$37.76	113,895			D	
Units													11,547	1,547.4222		I	By 401(k) <sup>(2)</sup>	
			Table II -								or Benefi le securi		y Owne	ed				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	cise (Month/Day/Year)	3A. Deemed Execution Dat if any (Month/Day/Y	Code	Transaction Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable Expiration Date (Month/Day/Year)		7. Title and Amou Securities Underly Derivative Securit 3 and 4)		lying	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction	e s ally	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)
				Code	e V	(A)	(D)	Date Exercisab		Expiration Date	Title	OI N	mount r umber f Shares		(Instr. 4)			
Stock Option (Right to Buy)	\$30.94	10/25/2022		М			12,240	(3)	0	01/20/2023	Class A Common Stock		12,240	\$0.00	0		D	

## Explanation of Responses:

- 1. Shares withheld by the Issuer in payment of the aggregate option exercise price and withholding tax liability incurred upon the above-reported exercise of options. The amount of shares withheld is based on the respective average of the high and low sales prices on the date of exercise.
- 2. The units represent interests in the CENTA Stock Fund in the Issuer's 401(k) Plan, which consist of shares of CENTA stock and cash.
- $3.\ Options\ were\ granted\ on\ January\ 20,\ 2017,\ and\ all\ shares\ are\ vested\ and\ have\ been\ exercised.$

# Remarks:

Exhibit 24.1; Power of Attorney

/s/Nicholas Lahanas

\*\* Signature of Reporting Person Date

10/26/2022

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

#### POWER OF ATTORNEY

The undersigned hereby constitutes and appoints Joyce McCarthy, Howard Machek, Zora Mohseni, JoAnn Jonte and Filomena Eickstaedt, and each of them, his true and lawful attorney-in-fact to:

- (1) execute for and on behalf of the undersigned, in the undersigneds capacity as an officer, director, and/or person who holds more than 10% of the stock of Central Garden & Pet Company (the Company), Forms 3, Forms 4 and Forms 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934, as amended (the Exchange Act), and the rules thereunder;
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Forms 3, Forms 4 or Forms 5 and timely file any such forms with the United States Securities and Exchange Commission and any other authority; and
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned, pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in his or her discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or his or her substitute or substitutes, shall lawfully do or cause to be done pursuant to this power of attorney. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigneds responsibilities to comply with Section 16 of the Exchange Act. This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, Forms 4, and Forms 5 with respect to the undersigneds holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the attorneys-in-fact.

The undersigned has caused this Power of Attorney to be executed as of this 26th day of October, 2022.

/s/Nicholas Lahanas