FORM 4	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Response	es)										
1. Name and Address of PENNINGTON B	2. Issuer Name and CENTRAL GAR			<b>c</b> ,	NT]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
1280 ATLANTA H	(First) HIGHWAY		3. Date of Earliest Transaction (Month/Day/Year) 02/09/2009					Officer (give title below) Of	ther (specify bel	ow)	
(Street) MADISON, GA 30650			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(Zip)	]	Fable I - No	n-De	erivative S	ecurities	ired, Disposed of, or Beneficially Owned				
(Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Owned Following Reported Transaction(s)	6. Ownership Form:	Beneficial
				Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	or Indirect (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Class A Common S	Stock	02/09/2009		А		3,059 ( <u>1)</u>	А	\$ 0	322,959	D	
Class A Common	Stock								98,080	Ι	By L.P. (2)
Class A Common S	Stock								13,876	Ι	By Spouse (3)
Class A Common S	Stock								15,208	Ι	By LLC (4)
Common Stock									159,950	D	
Common Stock									49,040	I	By L.P. (2)
Common Stock									6,938	I	By Spouse (3)
Common Stock									7,604	Ι	By LLC (4)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained  $\ \ SEC\ 1474\ (9-02)$  in this form are not required to respond unless the form

displays a currently valid OMB control number.

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	Conversion	Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	)	5. Numbo of Deriva Securitie Acquired or Dispos of (D) (Instr. 3, and 5)	ative s l (A) sed	6. Date Exercisable and Expiration Date (Month/Day/Year)		able and7. Title and Amounteof Underlyingear)Securities		8. Price of 9. Number of Derivative Derivative Security (Instr. 5) Beneficially Owned Following Reported Transaction(s)		Ownership Form of Derivative Security: Direct (D) or Indirect	Beneficial
				Code	v	(A)	(D)	Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Stock Option (right to buy)	\$ 6.54	02/09/2009		А		30,582 (5)		<u>(6)</u>	08/09/2012	Class A Common Stock	30,582	\$ 0	30,582	D	

## **Reporting Owners**

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			

### **Signatures**

/s/ Brooks Pennington III	02/09/2009
Signature of Reporting Person	Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock award granted under the Company's 2003 Omnibus Equity Incentive Plan, as amended.
- (2) By BPCB Partners L.P. The general managing partner of BPCB Partners L.P. is BPCB Management Company LLC ("BPCBLLC") and Mr. Pennington is the sole member of BPCBLLC. Mr. Pennington disclaims beneficial ownership of the reported securities except to the extent of his pecuniary interest therein.
- (3) Mr. Pennington disclaims beneficial ownership of 6,938 shares of the Issuer's Common Stock owned by his spouse and 13,876 shares of the Issuer's Class A Common Stock owned by his spouse.
- (4) By Pennington Management Company II, LLC, in which Mr. Pennington has an ownership interest. Mr. Pennington is the President of Pennington Management Company II, LLC. Mr. Pennington disclaims beneficial ownership of the reported securities except to the extent of his pecuniary interest therein.
- (5) Stock Options granted under the Company's 2003 Omnibus Equity Incentive Plan, as amended.
- (6) One-third of the total options granted will become exercisable at each of 6 months, 18 months and 30 months after February 9, 2009, the date of grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.