FORM 4	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

/D

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)											
1. Name and Address of Reporting Person [*] PENNINGTON BROOKS III		2. Issuer Name and CENTRAL GAF			· ·		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) (First) 1280 ATLANTA HIGHWAY	3. Date of Earliest Transaction (Month/Day/Year) 02/04/2009						Officer (give title below)O	ther (specify bel	ow)		
(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person			
MADISON, GA 30650 (City) (State)	(Zip)										
		1	1		1		-	ired, Disposed of, or Beneficially Ow			
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Transaction(s)	6. Ownership Form:	Beneficial	
		(Wohth/Day/Tear)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
Common Stock	02/04/2009		M ⁽¹⁾		3,000	A	\$ 4.28	162,950	D		
Common Stock	02/04/2009		F ⁽²⁾		2,505	D	\$ 5.86	160,445	D		
Common Stock	02/05/2009		S <mark>(3)</mark>		495	D	\$6	159,950	D		
Common Stock								49,040	Ι	By L.P. (4)	
Common Stock								6,938	Ι	By Spouse (5)	
Common Stock								7,604	Ι	By LLC (6)	
Class A Common Stock	02/04/2009		M <u>(1)</u>		6,000	А	\$ 4.26	325,900	D		
Class A Common Stock	02/04/2009		F ⁽²⁾		4,973	D	\$ 5.91	320,927	D		
Class A Common Stock	02/05/2009		S ⁽³⁾		500	D	\$ 6.08	320,427	D		
Class A Common Stock	02/05/2009		S ⁽³⁾		527	D	\$ 6.07	319,900	D		
Class A Common Stock								98,080	Ι	By L.P. (4)	
Class A Common Stock								13,876	Ι	By Spouse (5)	
Class A Common Stock								15,208	Ι	By LLC (6)	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained SEC 1474 (9-02) in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

				(e.g., puts, c	alls, wall all	is, options, convertible securi	ues)				
1. Title of			3A. Deemed				7. Title and Amount				11. Nature
Derivative	Conversion	Date	Execution Date, if	Transaction	of	Expiration Date	of Underlying	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code	Derivative	(Month/Day/Year)	Securities	Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Securities		(Instr. 3 and 4)	(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative				Acquired				Owned	Security:	(Instr. 4)
	Security				(A) or				Following	Direct (D)	
					Disposed				Reported	or Indirect	
					of (D)				Transaction(s)	(I)	
					(Instr. 3, 4,				(Instr. 4)	(Instr. 4)	
					and 5)						
					-						

			Code	v	(A)			Expiration Date	Title	Amount or Number of Shares				
Stock Option (right to buy)	\$ 4.28	02/04/2009	М			3,000	08/02/2007	08/02/2010	Common Stock	3,000	\$ 0	27,000	D	
Stock Option (right to buy)	\$ 4.26	02/04/2009	М			6,000	08/02/2007	08/02/2010	Class A Common Stock	6,000	\$ 0	54,000	D	

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
PENNINGTON BROOKS III 1280 ATLANTA HIGHWAY MADISON, GA 30650	Х						

Signatures

/s/ Brooks Pennington III	02/05/2009
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options exercised through sales plan pursuant to Rule 10b-5-1(c)(1) of the Securities Exchange Act of 1934, as amended.
- (2) Shares withheld by the Issuer in payment of the aggregate option exercise price and withholding tax liability incurred upon the above-reported exercise of options. The amount of shares withheld is based on the respective average of the high and low sales price on the date of exercise.
- (3) Sale effected under sales plan pursuant to Rule 10b5-1(c)(1) of the Securities Exchange Act of 1934, as amended.
- (4) By BPCB Partners L.P. The general managing partner of BPCB Partners L.P. is BPCB Management Company LLC ("BPCBLLC") and Mr. Pennington is the sole member of BPCBLLC. Mr. Pennington disclaims beneficial ownership of the reported securities except to the extent of his pecuniary interest therein.
- (5) Mr. Pennington disclaims beneficial ownership of 6,938 shares of the Issuer's Common Stock owned by his spouse and 13,876 shares of the Issuer's Class A Common Stock owned by his spouse.
- (6) By Pennington Management Company II, LLC, in which Mr. Pennington has an ownership interest. Mr. Pennington is the President of Pennington Management Company II, LLC. Mr. Pennington disclaims beneficial ownership of the reported securities except to the extent of his pecuniary interest therein.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.