## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO	VAL
OMB Number:	3235-0287
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hours per response	. 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	3)														
1. Name and Address of Reporting Person* METZ CHRISTOPHER T				2. Issuer Name <b>and</b> Ticker or Trading Symbol CENTRAL GARDEN & PET CO [CENT]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_ Director					
C/O CEN COMPA	(Last) (First) (Middle) C/O CENTRAL GARDEN & PET COMPANY, 1340 TREAT BOULEVARD, SUITE 600			3. Date of Earliest Transaction (Month/Day/Year) 02/11/2020							Officer (giv	ve title below)	Ot	ner (specify bel	ow)	
(Street) WALNUT CREEK, CA 94597				4. If Amendment, Date Original Filed(Month/Day/Year)						_X_	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(City) (State) (Zip)			(Zip)	Table I - Non-Derivative Securities Acqu						Acquired	, Disposed	l of, or Ben	eficially Ow	ıed		
1.Title of S (Instr. 3)				any	emed ion Date, i	f Cod (Ins	tr. 8)	(A (In		osed o	of (D) Ow Tra				6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
C1 4 4	Common S	Stock	02/11/2020				A		05 (1) A			123			D	
	Report on a s	separate line for eacl	class of securities	beneficia	lly owned	directl	Per cor	rsons ntaine	who re	s forn	n are not	required	of informa to respon	d unless th		1474 (9-02)
Reminder:	2.	3. Transaction	Table II -	Derivati (e.g., put	ve Securi s, calls, w	ies Ac	Per cor form quired, I is, option 6. Date	rsons ntaine m dis Dispos	s who reled in this splays a sed of, or evertible cisable an	S form	n are not ently valid ficially Ov ities) 7. Title and	required I OMB co vned	to respon ntrol num	d unless the ber.  9. Number	of 10.	11. Nati
Reminder:	2. Conversion	3. Transaction	Table II -	Derivati (e.g., put 4. Transac Code	ve Securi s, calls, w 5. N tion of Deri Secu Acq (A) Disp of (I	ies Acarrant imber vative rities iired or osed	Per cor for quired, I	rsons ntaine m dis Dispos s, con Exerc tion Da	s who reced in this splays a sed of, or avertible cisable an ate	S form curre Bene securi	n are not ently valic ficially Ov ities)	required I OMB co	to respon ntrol num	d unless th	of 10. Owners Form o Derivat Security Direct ( or Indir	11. Natu of Indir Benefic Owners (Instr. 4
Reminder:  1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative	3. Transaction Date	Table II - 3A. Deemed Execution Date, if	Derivati (e.g., put 4. Transac Code	ve Securi s, calls, w 5. N tion of Deri Secu Acq (A) Disp of (I (Inst	ies Acarrant imber vative rities ired opsed opsed opsed opsed opsed opsed opsed opsed	Per cor for large state of the corp for large state of the	rsons ntaine m dis Dispos s, con e Exerc tion Da n/Day/	s who reced in this splays a sed of, or avertible cisable an ate	s form curre Bene securi	n are not ently valid ficially Ovaries) 7. Title and of Underly Securities	required I OMB co	8. Price of Derivative Security	9. Number Derivative Securities Beneficially Owned Following Reported Transactior	of 10. Owners Form o Derivat Security Direct ( or Indir (s) (I)	11. Natu of Indir Benefic Owners (Instr. 4

### **Reporting Owners**

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
METZ CHRISTOPHER T C/O CENTRAL GARDEN & PET COMPANY 1340 TREAT BOULEVARD, SUITE 600 WALNUT CREEK, CA 94597	X					

## **Signatures**

/s/C T Metz	02/12/2020
**Signature of Reporting Person	Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock award granted under the Company's Nonemployee Director Equity Incentive Plan, as amended.
- (2) One-third of the total options granted will become exercisable at each of 6 months, 18 months and 30 months after February 11, 2020, the date of the grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.