FORM	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)										
1. Name and Address of Reporting Person LAHANAS NICHOLAS		2. Issuer Name and CENTRAL GAI			<b>e</b> .			5. Relationship of Reporting Person(s) (Check all applical Director		
(Last) (First) C/O CENTRAL GARDEN & PET COMPANY, 1340 TREAT BOUL SUITE 600		3. Date of Earliest T 02/13/2019	Transaction (	Mont	h/Day/Ye	ar)		X_Officer (give title below) Of Chief Financial Of	her (specify bel ficer	ow)
(Street) WALNUT CREEK, CA 94597		4. If Amendment, D	ate Original	Filed	(Month/Day	/Year)		6. Individual or Joint/Group FilingChea _X_Form filed by One Reporting Person Form filed by More than One Reporting Person		ne)
(City) (State)	(Zip)		Table I - No	on-De	erivative	Securiti	es Acqu	ired, Disposed of, or Beneficially Ow	ned	
1.Title of Security (Instr. 3)			(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		of (D)	Owned Following Reported Transaction(s)		of Indirect Beneficial
		(Month/Day/Year)	Code	V	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Class A Common Stock	02/14/2019		F <u>(1)</u>		1,246	D	\$ 27.38	48,108	D	
Units								2,660.8116	Ι	By 401(k) Plan <sup>(2)</sup>

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained SEC 1474 (9-02) in this form are not required to respond unless the form displays a currently valid OMB control number.

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	( <i>e.g.</i> , puts, calls, warrants, options, convertible securities)														
Security	Conversion		3A. Deemed Execution Date, if any (Month/Day/Year)	Code	tion )	5. Numb of Deriva Securitie Acquired or Dispos of (D) (Instr. 3, and 5)	ative s l (A) sed	(Month/Day	Date /Year)	7. Title and of Underlyin Securities (Instr. 3 and	ıg	Derivative Security (Instr. 5)	Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect (I)	Beneficial
				Code	v	(A)	(D)	Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Stock Option (Right to Buy)	\$ 27.2	02/13/2019		А		22,285		(3)	02/13/2025	Class A Common Stock	22,285	\$ 0	22,285	D	

## **Reporting Owners**

			Relationships	
Reporting Owner Name / Address	Director	10% Owner	Officer	Other
LAHANAS NICHOLAS C/O CENTRAL GARDEN & PET COMPANY 1340 TREAT BOULEVARD, SUITE 600 WALNUT CREEK, CA 94597			Chief Financial Officer	

### Signatures

Nicholas Lahanas	02/15/2019
Signature of Reporting Person	Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares delivered by Reporting Person in payment of the withholding tax liability upon vesting of restricted stock. The amount of shares withheld is based on the average of the high and low of the sales prices of CENTA on February 14, 2019
- (2) The units represent interests in the CENTA Stock Fund in the Issuer's 401(k) Plan, which consist of shares of CENTA stock and cash.
- (3) The options shall vest in four annual increments of 25% beginning on February 13, 2020.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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